

Community Center April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 TKD 5:30-6:30pm 7:00pm SVECFC Board Meeting	2	3
4 <i>Easter Sunday</i>	5 5:15-6am Sunrise Fitness—Stability Ball 5:15-6:45pm Weight Watchers 7-8pm Basic Manners	6	7 Guitar	8 5:15-6am Sunrise Fitness—Cardio ignition	9	10 <i>Square Dance @ the Grange 7-10pm \$7 per person.</i>
11 <i>NYS Driver Safety Course 9am-4pm</i>	12 5:15-6am Sunrise Fitness—Stability Ball 5:15-6:45pm Weight Watchers	13 5:30– 6:30 TKD	14 Guitar	15 5:15-6am Sunrise Fitness—Cardio ignition 5:30– 6:30 TKD	16	17 8:15-9am TCFC Bench Press & Broad Jump @ new Images Fitness Center 307 Broad St Waverly
18 <i>Grange Dinner 12-?</i>	19 5:15-6am Sunrise Fitness—Stability Ball 5:15-6:45pm Weight Watchers	20 5:30– 6:30TKD	21 Guitar	22 5:15-6am Sunrise Fitness—Cardio ignition 5:30– 6:30 TKD	23	24
25	26 5:15-6am Sunrise Fitness—Stability Ball 5:15-6:45pm Weight Watchers	27 5:30-6:30 TKD	28 Guitar	29 5:15-6am Sunrise Fitness—Cardio ignition 5:00-7:30 PM	30	